



INTEGRITY • QUALITY • PASSION • SUCCESS

**AS A MATTER OF**

**FACT**

**Ocean Mist Farms  
Top 10 Facts**



# **OUR MISSION**

**To provide our customers with only the very best quality Artichokes, other fresh vegetables, and uncompromising service...Every day.**

# season & steam



## SEASON & STEAM TOP 10

- 1.** Cleaned and Ready-to-Use
- 2.** Simple, just open and season, zip and gently steam in microwave
- 3.** Ready-to-eat in 3-5 minutes
- 4.** 100% Natural – No Preservatives
- 5.** Includes Whole Brussels Sprouts, Halved Sprouts, Shredded Sprouts, Kalettes™
- 6.** Grown in California and Mexico, and available year-round
- 7.** Grown by Ocean Mist Farms, a 4th generation family farm
- 8.** Shelf-life is 17–21 days. See “Best By” date printed on package.
- 9.** BPA free and Phthalate Free – okay for direct food contact
- 10.** Recipes and cooking videos found at [OceanMist.com](http://OceanMist.com)

# Heirloom Artichokes



## HEIRLOOM ARTICHOKE TOP 10

- 1.** The “original” variety of Artichoke brought to California by Italian immigrants, also known as the Green Globe Artichoke
- 2.** Grown from the same root stock for more than 90 years
- 3.** Baby Artichokes have a tender edible choke
- 4.** Peak Heirloom variety season is March, April and May
- 5.** Ocean Mist Farms Artichokes are available year-round
- 6.** 95% of the Heirloom crop is grown in Castroville, CA
- 7.** The width of the Artichoke stem is directly related to the size of the Artichoke heart
- 8.** Dark color on the end of the stem means it is sealed to retain freshness, don't re-trim
- 9.** Fresh and hydrated Artichokes SQUEAK when squeezed
- 10.** High in antioxidants and naturally fat-free

# Kalettes™

a fresh fusion of  
sweet and nutty



## **KALETTES™ TOP 10**

- 1.** Non-GMO, developed through traditional breeding methods
- 2.** Hybrid of Kale and Brussels Sprouts
- 3.** Sweet and nutty flavor
- 4.** Can be microwaved in packaging, roasted, sautéed, grilled and eaten raw
- 5.** Merchandise with convenience or cooking vegetables
- 6.** Ready to eat in 3 minutes
- 7.** 100% Natural – No Preservatives
- 8.** Grown in California and Mexico, and available year-round
- 9.** Shelf-life is 17 days. See “Best By” date printed on package.
- 10.** Recipes and cooking videos found at [OceanMist.com](http://OceanMist.com)



OCEAN MIST  
**Organic**™



## OCEAN MIST FARMS TOP 10

- 1.** Ships organically grown produce items in the Ocean Mist Organic label
- 2.** Located in Castroville, CA, the Artichoke Center of the World
- 3.** Largest Artichoke grower in the United States
- 4.** One of the largest Brussels Sprouts growers in the United States
- 5.** Farms over 25,000 acres in California, Arizona and Baja Mexico
- 6.** Uses recycled water to irrigate crops
- 7.** Donates to local and state food banks every day
- 8.** Farms over 30 premium fresh vegetables
- 9.** Official company mascot is Arti the Artichoke
- 10.** Recipes and videos found at [OceanMist.com](http://OceanMist.com)

**Artichokes  
are the  
official state  
vegetable  
of California!**

**Ocean Mist  
Farms is a 4th  
generation  
grower-owned  
business  
founded in 1924,  
over 90  
years ago!**

**BONUS  
FACTS**

**Our full line  
of Season &  
Steam™ products  
are delicious,  
nutritious and  
super easy to  
serve!**

**Kalettes™  
was named  
a top-food  
trend in  
2015!**



[OceanMist.com](http://OceanMist.com)

