



HOW TO GRILL BRUSSELS SPROUTS



Serves: 4



Prep Time: 10 minutes
Cook Time: 10 minutes

INGREDIENTS

1 package Season & Steam Brussels Sprouts

1 Tbsp. olive oil

Salt and pepper, to taste

Additional herbs of choice

Sheet of aluminum foil or grill basket



PREHEAT

Grill over medium heat.



TOSS

Brussels sprouts with olive oil and seasonings.



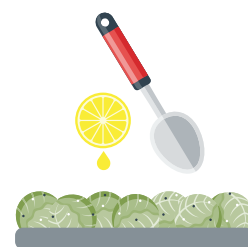
STEAM

Brussels sprouts in package until tender.



GRILL

On a sheet of aluminum foil or grill basket about 5-7 minutes, charring on each side.



REMOVE

From heat and serve.



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