



# HOW TO GRILL CAULIFLOWER



Serves: 4



Prep Time: 10 minutes  
Cook Time: 10 minutes

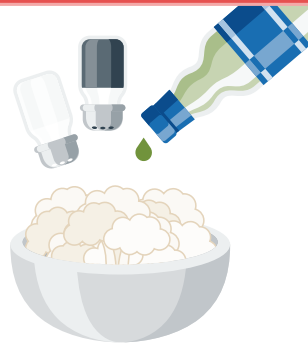
## INGREDIENTS

1 head Ocean Mist Farms cauliflower, rinsed and cut into florets  
1 Tbsp. olive oil  
Salt and pepper, to taste  
1 lemon, halved  
Additional herbs of choice  
Sheet of aluminum foil or grill basket



### PREHEAT

Grill over medium heat.



### TOSS

Cauliflower florets with olive oil and seasonings.



### GRILL

On a sheet of aluminum foil or grill basket, turning frequently for 8-10 minutes.



### REMOVE

From heat and add herbs and lemon juice.



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