



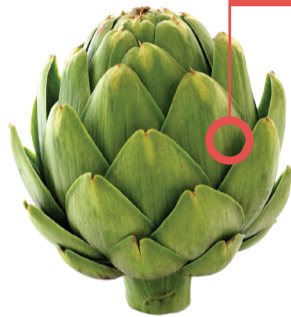
ALL ABOUT BABY ARTICHOKES

A Baby Artichoke is a fully mature artichoke harvested from the lower portion of the artichoke plant.



BABY LARGE
70-145 PER CASE

7³/₄-8³/₄"
CIRCUMFERENCE
RANGE



BABY SMALL
150-185 PER CASE

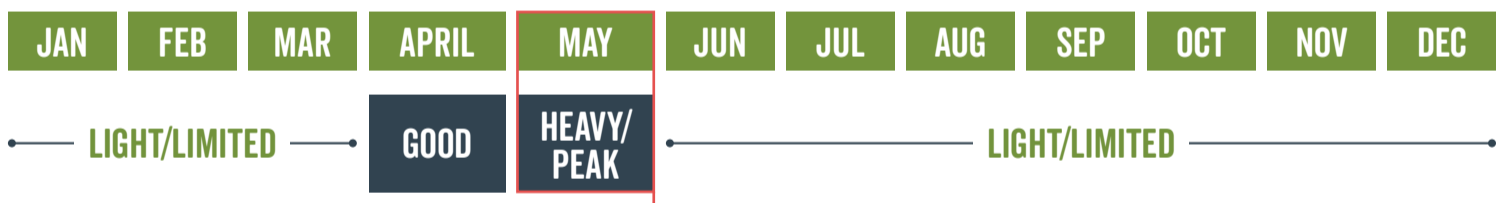
5-7¹/₂"
CIRCUMFERENCE
RANGE

Baby Artichokes are easy to prepare, cook and enjoy because they don't have thorns nor the inedible fuzzy "choke" center that larger artichokes have.

BABY ARTICHOKE AVAILABLE PACKS

	PACK SIZE	TIER/HIGH	PALLET COUNT
Small	20 lb.	8 x 12	96
Large	20 lb.	8 x 12	96
	40 lb. DRC	5 x 7	35
Clamshell	12 x 2 lbs.	6 x 7	42

BABY ARTICHOKE AVAILABILITY



Baby Artichokes are at peak volume in May and not readily available year round.

ARTICHOKES CAN BE PREPARED IN A VARIETY OF WAYS



BOILED & STEAMED



GRILLED



BAKED



MICROWAVED



BRAISED



WWW.OCEANMIST.COM

