



# HOW TO GRILL ARTICHOKES



Serves: 4



Prep Time: 20 minutes  
Cook Time: 30 minutes

## INGREDIENTS

2 large Ocean Mist Farms' artichokes, rinsed and trimmed  
Olive oil, for brushing  
Salt and pepper, to taste



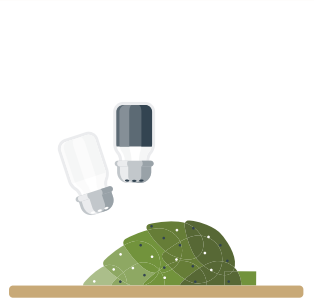
### STEAM

Artichokes until tender.



### CUT

Steamed artichokes in half and brush with olive oil.



### SEASON

With salt and pepper.



### HEAT

Grill over medium heat.



### GRILL

Cut side down until lightly charred.



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